

Access to the Appalachian Trail

By following the Rhododendron Trail a half mile from the Masse Gap parking area, hikers can reach the famous Appalachian Trail. The trail is the world's second longest footpath and stretches from Maine to Georgia. For more information on the trail, contact: The Appalachian Trail Conference, P.O. Box 236, Harpers Ferry, WV 25425.

The Appalachian Trail is the most popular way to reach Mount Rogers, Virginia's highest mountain peak at 5,729 feet above sea level. A comprehensive map and guide featuring all the trails in Grayson Highlands State Park and the Mount Rogers National Recreational Area, including the Appalachian Trail, is for sale at the park and recreational area visitor centers.

Horses in the High Country

Grayson Highlands provides stables for guests who bring their own horses to use the Virginia Highlands Horse Trail. This area provides 23 campsites that accommodate either tent or trailer with stalls for 67 horses. All state park camping regulations apply to this area. All horses must be sheltered in horse stable areas. Covered and uncovered stalls are available. *All horses stabled overnight must have valid Coggins papers.

Special orange-blaze trails are provided for horse use. A bridle trail in the stable area splits, with one fork leading to the Virginia Highlands system and the other to the Little Wilson Creek Wilderness Area. These are the only park trails on which horses are allowed. Also, for the enjoyment of all park guests, please keep horses away from camping, picnic and visitor center areas.

While at Grayson Highlands...

We hope you will take the opportunity to visit some of the nearby scenic and historical attractions. Hungry Mother State Park is 35 miles north in Marion. New River Trail State Park, with access points at the historic Shot Tower in Wythe County and at Galax, is located to the east and offers hiking, bicycling and horseback riding opportunities. The Mount Rogers National Recreation Area adjoins the park and the famous Barter Theater is located in nearby Abingdon.

Marion, Independence and Galax provide lodging, restaurants, grocery shopping, medical assistance and worship services. Lansing, NC, 12 miles south of the park, provides laundromat service.

Campground Rules

- Camping is allowed only in designated campgrounds and only after following the proper check-in procedure.
- Registration for a state park campsite must be completed by a member of the camping party 18 years of age or older. This person accepts responsibility for the remainder of the camping party.
- Campsites are designed to be used by a maximum of six people or one family.
- One motor vehicle, in addition to the camping unit, is permitted per site. Only the camping unit listed on the campsite application is permitted.
- State park campgrounds are intended for the use of the traveling public and not for extended or seasonal camping. The maximum camping stay per park is 14 days in any 30-day period.
- Check-out time is 3 p.m. No camping units, vehicles or personal property may be left or allowed to remain on site after the termination of the permitted camping period.
- Quiet hours posted in all state park campgrounds must be observed.
- Fires must be confined to grills, campstoves or designated fire rings.
- Laundry sinks provided are to be used only for washing clothes.
- Pets are allowed in state park campgrounds. A fee will be charged for each pet per night.
- At the time of registration, campers must inform the park staff of the names of visitors expected to arrive at the campsite. Visitors will not be admitted to camping area unless so identified. Visitors are permitted between 8 a.m. and 10 p.m.
- Primitive camping is available in the Stable Campground only in the months of March, April and November.

Frequent Visitors Save Money

Annual passes for parking and swimming offer the frequent visitor greater savings. Stop by the park office for details.

Virginia State Parks

Reservation Center

To receive more information on Virginia State Parks or to make a cabin or campsite reservation, call 1-800-933-PARK or visit www.dcr.state.va.us.

Join Us in the Parks – DCR's Volunteer Program

DCR offers diverse opportunities for volunteers in most state parks and natural areas throughout the state. Inquire at the park office for details.

For more information, contact:

Grayson Highlands State Park
829 Grayson Highland Lane
Mouth of Wilson, Virginia 24363
(276) 579-7092

You can also visit our home page at

www.dcr.state.va.us.



Department of Conservation & Recreation

CONSERVING VIRGINIA'S NATURAL & RECREATIONAL RESOURCES

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VIRGINIA

STATE PARKS

Grayson Highlands State Park Guide

Mouth of Wilson, Virginia

Virginia State Parks provide
A Natural Legacy
of outdoor activities and
programs. They are an important
part of DCR's efforts to promote
a strong conservation ethic.
These efforts ensure that the
best of Virginia's natural
resources will be protected and
available for future generations.

Welcome to Grayson Highlands State Park. The park's rugged mountain beauty and interpretive offerings take our guests back to a bygone era of mountain life. In addition, the park provides camping, picnicking, overnight horse stables, a visitor center, access to the Appalachian Trail and breathtaking scenic overlooks. To make your visit safer and more pleasant, we ask that you observe the following regulations.



The public use or display of alcoholic beverages is prohibited. Public intoxication and/or disorderly conduct will not be tolerated.



Pets are permitted in all state parks, but they must be kept in an enclosed area or on a leash, not to exceed six feet, at all times. No pets are permitted in bathing areas or toilet facilities. Pet fees apply for pets kept in overnight facilities.



Hiking trails are for pedestrians only. Horseback riders must ride only on horse trails. All trails close at dusk.



The park is open for day use from 8 a.m. to 10 p.m. daily.



Help preserve your park. Please don't cut or mar any plants or trees. Collecting animal or plant life is allowed only for scientific purposes by permit from the Richmond headquarters.



The possession of firearms is prohibited during non-hunting periods.



Amphitheater



Campground



Dumping Station



Information & Registration Center



Picnic Area



Picnic Shelter



Restroom



Shower



Stable Area



Telephone



Trail Shelter



Visitor Center



Group Campsite

Legend

- Hiking Trail – Blue and Yellow Blaze in GHSP
- Appalachian Trail – White Blaze
- Horse Trail – Orange Blaze
- Virginia Highlands Horse Trail – Orange Blaze
- Park Road
- Park Boundary
- Mountain Bike Trail

Color Coding and Mileage for the trails at Grayson Highlands State Park.

Miles	Trails	Color
1.0	Rhododendron	Trail Blue
1.9	Cabin Creek Trail	Yellow
0.4	Big Pinnacle Trail	Yellow
1.6	Twin Pinnacles Trail	Red
2.0	Listening Rock Trail	Yellow
1.8	Wilson Creek Trail	Red
1.7	Stampers Branch Trail	Yellow
1.2	Rock House Ridge Trail	Blue
1.0	Appalachian Spur Trail	Blue

